



Today in  **compasscare**

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COMPASS CARE, Memorial's Care Line for Advancing Illness

Including: Home Health & Hospice | Palliative Care | Bereavement | Ethics

Advance Care Planning | Spiritual Care

Yakima Valley Memorial Hospital

Some Statistics

- 70% of individuals would wish to die at home
 - 82% say it is important to have EOL wishes in writing
 - 80% say that if seriously ill they would want to talk with their doctor about EOL care
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- 70% of people die in a SNF, hospital, or LTC facility
 - 23% have ever written their EOL wishes
 - 7% report having an end of life conversation with their doctor

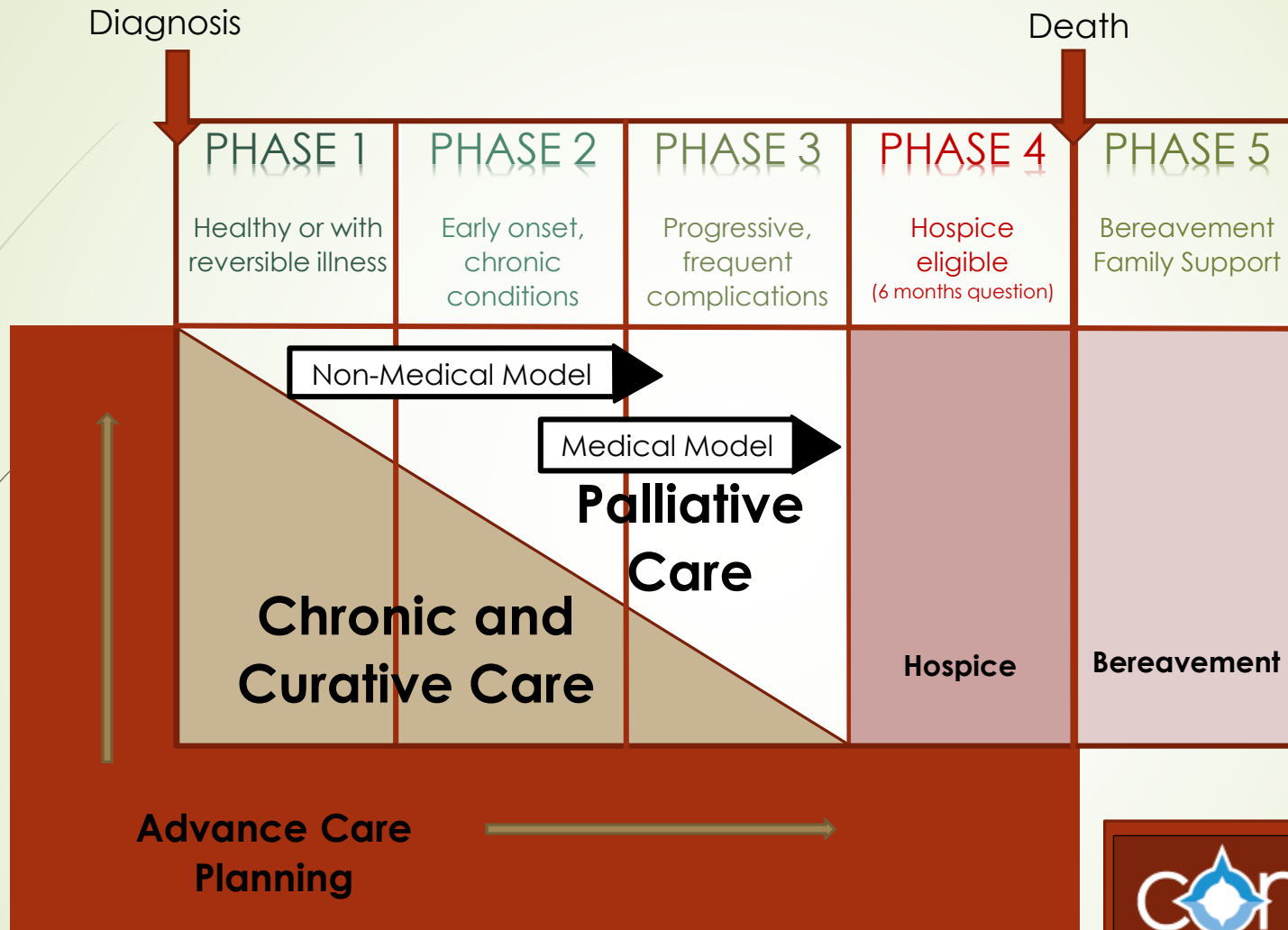
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- 8.8x increased likelihood of prolonged grief if loved one dies in ICU vs hospice
 - 5x increased likelihood of PTSD if loved one dies in ICU vs. hospice



compasscare is...

- Home Health
- Palliative Care
 - MCCM
- Hospice
- Clinical Ethics
- Advance Care Planning
- Spiritual Care
- Inpatient Navigation Team
- Bereavement

COMPASS CARE
Phases of Advancing Illness



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Home Health • Palliative Care • Hospice • Cottage in the Meadow •
Spiritual Care • Clinical Ethics • Advance Care Planning •
Bereavement



compasscare is...

- HOME CARE

HOME HEALTH

Key Word: REHABILITATION
Focus on Patient

PALLIATIVE CARE

Key Words: CHRONIC with UNMET NEEDS
Focus on Patient and Family

HOSPICE

Key Words: 6 MONTHS OR LESS
Focus on Patient and Family

BEREAVEMENT

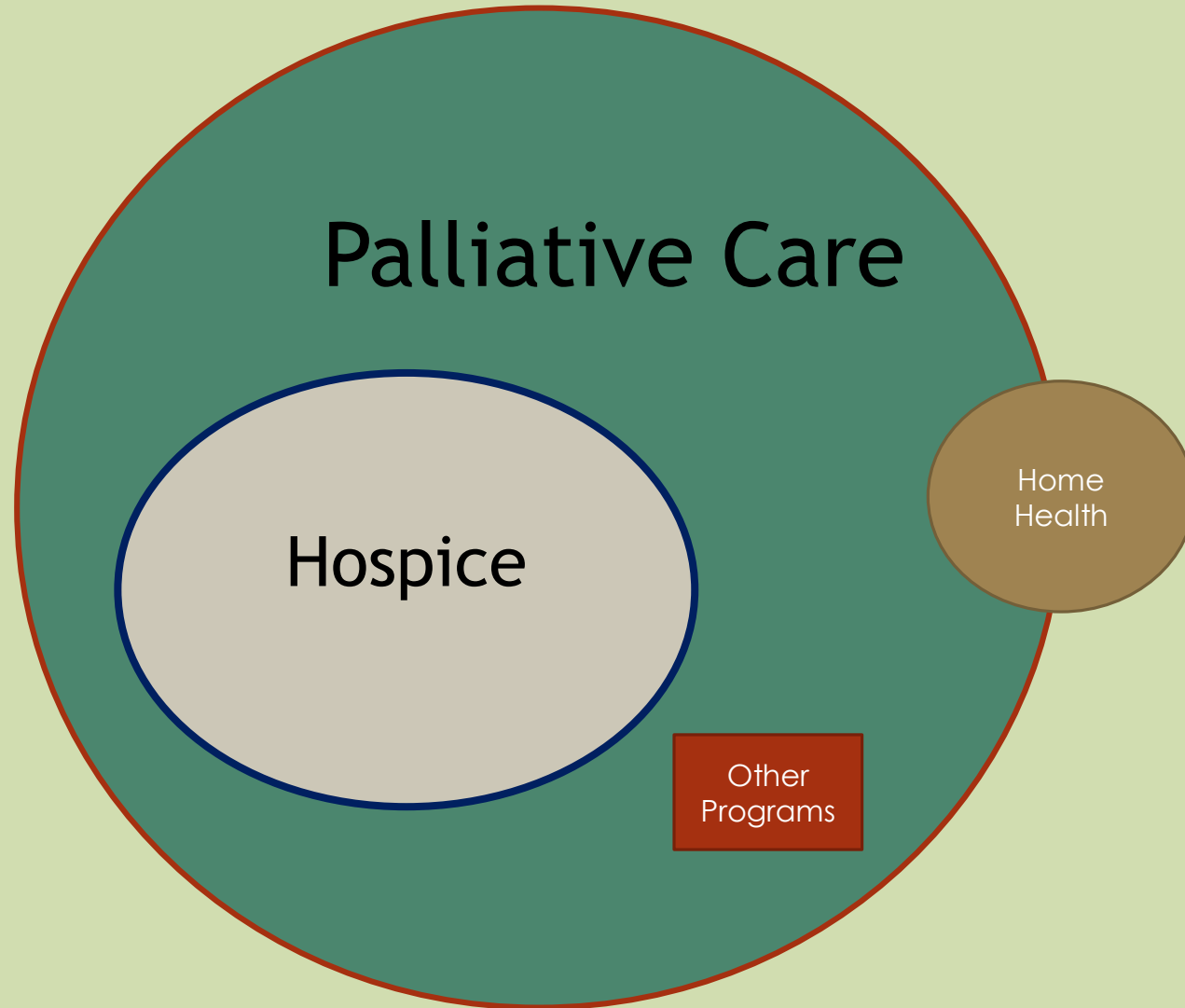
Key Words: 13 MO. COMPREHENSIVE SUPPORT
Focus on Family



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 **compasscare** is...



PALLIATIVE CARE

Two Questions to Determine if Palliative Care is Appropriate:

1. Does the patient have a chronic, serious, or debilitating illness?
2. Does the patient have an unmet need?
(physical, social, spiritual, and/or psychological)

If you answer “YES” to both, your patient may benefit from Palliative Care

Palliative Care Services:

Connect Patient/Family to Resources
Advance Directives/Advance Care Planning
Address Fears/Anxiety
Navigation of Medical Services/Care
Next-Step Planning
Medication Management
Counseling
Family Conferences

Palliative Care is NOT:

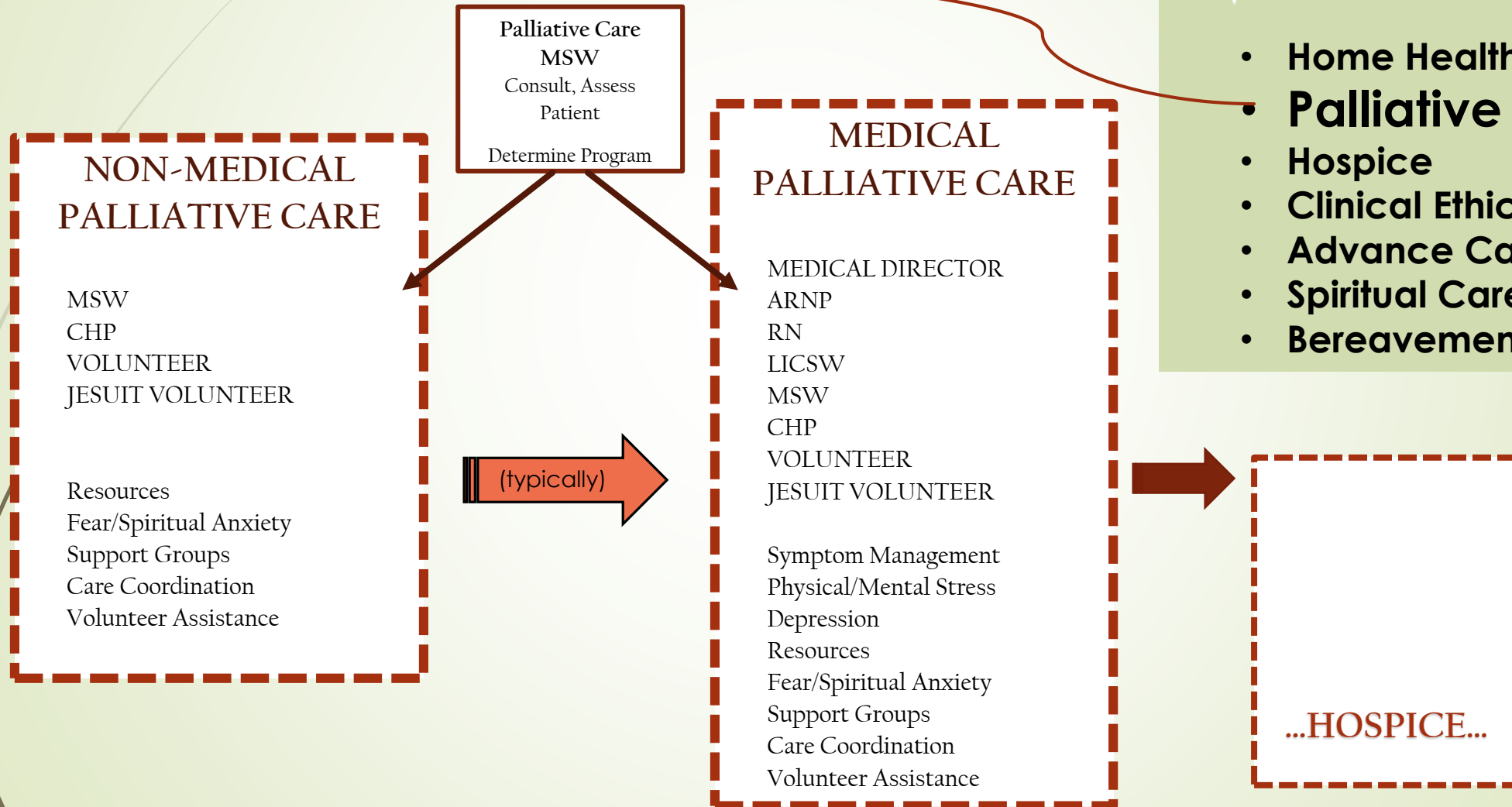
An Emergency Service
24/7 Coverage

A Replacement for Your Primary Care Physician

A Resource for Mental Health or Pain Management Independent of a Chronic or Debilitating Illness

- Home Health
- **Palliative Care**
- Hospice
- Clinical Ethics
- **Advance Care Planning**
- **Spiritual Care**
- **Bereavement**

PALLIATIVE CARE



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compasscare is...

HOSPICE

SURPRISE QUESTION:

Would you be surprised if this patient died in the next 6 months?

If the answer is “NO,” then the patient probably qualifies for Hospice.

Hospice is county-specific: 3 in Yakima County

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compasscare is...

HOSPICE

4 LEVELS OF CARE:

- **Routine Care**
Provided in patient's residence
- **Respite Care**
Short period of relief provided for up to five nights at the Cottage in the Meadow
- **General Inpatient Care (GIP)**
Pain/symptom management that can't be managed in another setting
Short-term level of care provided in inpatient unit—at Memorial this unit is the Cottage in the Meadow
- **Continuous Home Care**
Eight+ hours a day of in-home, skilled clinical nursing care to manage patient's medical symptoms

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How We Are Being Innovative Today

- Compass Care Inpatient Navigation Team
- Spiritual Care and Bereavement Programs
- 2 Models of Palliative Care in the Outpatient Setting
- End of Life ICU Patients Extubated at the Cottage
- Massive Community Support
- Medication Deliveries
- Leader 1:1 Patient Contact



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How We Are Being Innovative Tomorrow

- Entire Community Educated in Advance Care Planning
- Clinical Pastoral Education Program with Interns at YVMH
- Adding Inpatient Palliative Care Program
- Home Care in Central Locale
- All 3 Hospices Team Together in Bereavement
- Yakima is a HUB for End of Life Care and Education



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